FORM NO. MGT-7

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]



Annual Return

(other than OPCs and Small **Companies**)

Form language	1.				
I. REGISTRATION AND OTHER	DETAILS				
(i) * Corporate Identification Number (CI	N) of the company	L51909	0MH2013PLC381314	Pre-fill	
Global Location Number (GLN) of the	ne company				
* Permanent Account Number (PAN)	of the company	AAECV	3892Q		
(ii) (a) Name of the company		VALEN	CIA NUTRITION LIMITED		
(b) Registered office address					
601A, Neelkanth Business Park, Natha t), Mumbai- 400 086 Mumbai Mumbai Maharashtra	ani Road, Vidyavihar (Wes				
(c) *e-mail ID of the company		compli	ance@valencianutrition		
(d) *Telephone number with STD co	de	2225094351			
(e) Website		www.v	alencianutrition.com		
(iii) Date of Incorporation		01/04/	2013		
(iv) Type of the Company	Category of the Company		Sub-category of the C	Company	
Public Company	Company limited by sha	res	Indian Non-Gove	rnment company	
(v) Whether company is having share call (vi) *Whether shares listed on recognized		Yes Yes	○ No		

Yes

O No

(a) [Details of stoo	k exchanges w	here shares are list	ed				
S. N	lo.	Sto	ock Exchange Name	е		Code		
1		BSE Lim	ited under SME Platform 1					
(h) C	VINI of the Dea	iotror and Trans	ofor Agont				Dra	e-fill
. ,	-	istrar and Trans strar and Trans	•		U99999MI	H1994PTC076534		7-1111
BIGS	SHARE SERVICE	ES PRIVATE LIMIT	ED					
L Reg	istered office	address of the	Registrar and Trans	sfer Agents				
	ANSA INDUSTI INAKA	RIAL ESTATESAKI	VIHAR ROAD					
ii) *Fina	ancial year Fro	om date 01/04/	2022 (I	DD/MM/YYY	Y) To date	31/03/2023	(DD/M	M/YYYY)
iii) * Who	ether Annual	ـــــــ general meeting	g (AGM) held	•	Yes 🔘	No		
(a) If	f yes, date of	AGM [28/09/2023					
(b) [Due date of A	ЭМ [30/09/2023					
(c) V	Vhether any e	extension for AC	GM granted		○ Yes	No		
PRIN	CIPAL BU	SINESS ACT	TIVITIES OF TH	E COMPA	NY			
*N	lumber of bus	iness activities	1					
S.No	Main Activity group code	Description of	Main Activity group	Business Activity Code	Description	of Business Activ	ity	% of turnover of the company
1	С	Manı	ufacturing	C1	Food, bev	erages and tobacco	o products	100
(INCL	LUDING JO	INT VENTU	G, SUBSIDIAR' RES) ation is to be given		_	COMPANIES		
S.No	Name of t	he company	CIN / FCRI	N H		diary/Associate/	% of sh	ares held

S.No	Name of the company	CIN / FCRN	Holding/ Subsidiary/Associate/ Joint Venture	% of shares held
1				

IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

(i) *SHARE CAPITAL

(a) Equity share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Total number of equity shares	14,200,000	5,585,341	5,585,341	5,585,341
Total amount of equity shares (in Rupees)	142,000,000	55,853,410	55,853,410	55,853,410

Number of classes 1

Class of Shares Equity Shares	Authoricad	Icabitai	Subscribed capital	Paid up capital
Number of equity shares	14,200,000	5,585,341	5,585,341	5,585,341
Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	142,000,000	55,853,410	55,853,410	55,853,410

(b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

Number of classes	0	
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Class of shares	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Number of preference shares				
Nominal value per share (in rupees)				
Total amount of preference shares (in rupees)				

(c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital

Class of shares	Number of shares			Total nominal amount	Total Paid-up amount	Total premium
Equity shares	Physical	DEMAT	Total			
At the beginning of the year	0	5,585,341	5585341	55,853,410	55,853,410	

Increase during the year	0	0	0	0	0	0
i. Pubic Issues	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
iii. Bonus issue	0	0	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0	0	0
v. ESOPs	0	0	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0
viii. Conversion of Debentures	0	0	0	0	0	0
ix. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify						
Decrease during the year	0	0	0	0	0	0
i. Buy-back of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify						
At the end of the year	0	5,585,341	5585341	55,853,410	55,853,410	
Preference shares						
At the beginning of the year	0	0	0	0	0	
Increase during the year	0	0	0	0	0	0
i. Issues of shares	0	0	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0	0	0
iii. Others, specify						
Decrease during the year	0	0	0	0	0	0
i. Redemption of shares	0	0	0	0	0	0

ii. Shares forfeited		0	0	0	0	0	0
iii. Reduction of share capit	tal	0	0	0	0	0	0
iv. Others, specify		1					
At the end of the year		0	0	0	0	0	
SIN of the equity shares o	of the company						
(ii) Details of stock spli	t/consolidation during the	e year (for ea	ch class of s	shares)	0		
Class of	f shares	(i)		(ii)		(ii	i)
Before split /	Number of shares						
Consolidation	Face value per share						
After split /	Number of shares						
Consolidation	Face value per share						
of the first return a	es/Debentures Trans t any time since the i	incorporat	ion of the			Not App	
Separate sheet att	ached for details of transf	ers	O ,	Yes 🔘	No		
Note: In case list of trans Media may be shown.	sfer exceeds 10, option for	submission a	as a separate	e sheet attach	nment or sub	omission in	a CD/Digital
Date of the previous	s annual general meetin	9					
Date of registration	of transfer (Date Month	Year)					
Type of transfe	Type of transfer 1 - Equity, 2- Preference Shares,3 - Debentures, 4 - Stock						
Number of Shares/ Units Transferred	Debentures/	1		er Share/ e/Unit (in Rs	s.)		

Ledger Folio of Transferor					
Transferor's Name					
	Surname	middle name	first name		
Ledger Folio of Trans	sferee				
Transferee's Name					
	Surname	middle name	first name		
Date of registration of transfer (Date Month Year)					
Type of transfe	r 1 -	Equity, 2- Preference Shares,3 -	- Debentures, 4 - Stock		
Number of Shares/ D Units Transferred	Debentures/	Amount per Share/ Debenture/Unit (in Rs.)			
Ledger Folio of Trans	sferor				
Transferor's Name					
	Surname	middle name	first name		
Ledger Folio of Transferee					
Transferee's Name					
	Surname	middle name	first name		
iv) *Debentures (Outstanding as at the end of financial year)					

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0

Particulars	Number of units	Nominal value per unit	Total value
Total			0

Details of debentures

Class of debentures	Outstanding as at the beginning of the year	_	Decrease during the year	Outstanding as at the end of the year
Non-convertible debentures	0	0	0	0
Partly convertible debentures	0	0	0	0
Fully convertible debentures	0	0	0	0

(v) Securities (other than shares and debentures)

Type of Securities	Number of Securities	Nominal Value of each Unit	Total Nominal Value	Paid up Value of each Unit	Total Paid up Value
Securities	Securities	each offit	value	each offic	
Total					
]	

0

V. *Turnover and net worth of the company (as defined in the Companies Act, 2013)

(i) Turnover

14,606,000

(ii) Net worth of the Company

-6,661,000

VI. (a) *SHARE HOLDING PATTERN - Promoters

S. No.	Category	Equi	Equity		Preference	
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	2,118,233	37.92	0		
	(ii) Non-resident Indian (NRI)	0	0	0		
	(iii) Foreign national (other than NRI)	0	0	0		
2.	Government					
	(i) Central Government	0	0	0		
	(ii) State Government	0	0	0		
	(iii) Government companies	0	0	0		

3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	860,171	15.4	0	
10.	Others Partnership Firm	589,550	10.56	0	
	Total	3,567,954	63.88	0	0

Total number of shareholders (promoters)

(b) *SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equi	ity	Preference	
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	1,417,387	25.38	0	
	(ii) Non-resident Indian (NRI)	228,000	4.08	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	

8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	198,000	3.54	0	
10.	Others HUF	174,000	3.12	0	
	Total	2,017,387	36.12	0	0

Total number of shareholders (other than promoters)	94
Cotal number of shougholders (Duemotous Dublie)	

Total number of shareholders (Promoters+Public/ Other than promoters)

106				
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VII. *NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year
Promoters	12	12
Members (other than promoters)	93	94
Debenture holders	0	0

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) *Composition of Board of Directors

Category	Number of directors at the beginning of the year			ectors at the end e year	Percentage of shares held by directors as at the end of year	
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive
A. Promoter	0	1	0	1	0	4.27
B. Non-Promoter	2	3	2	3	0.19	0.05
(i) Non-Independent	2	1	2	1	0.19	0.05
(ii) Independent	0	2	0	2	0	0
C. Nominee Directors representing	0	0	0	0	0	0
(i) Banks & FIs	0	0	0	0	0	0
(ii) Investing institutions	0	0	0	0	0	0
(iii) Government	0	0	0	0	0	0
(iv) Small share holders	0	0	0	0	0	0

(v) Others	0	0	0	0	0	0
Total	2	4	2	4	0.19	4.32

Number of Directors and Key managerial personnel (who is not director) as on the financial year end date 8

8

(B) (i) *Details of directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
Mr. Stavan Ajmera	08112696	Director	2,600	
Mr. Manish Turakhia	02265579	Director	238,329	
Mr. Jay Shah	09072405	Whole-time directo	0	
Mr. Eshanya Guppta	01727743	Director	0	
Mr. Jaimin Patwa	08613495	Director	0	
Ms. Prabhha Shankarra	07906258	Whole-time directo	10,400	
Mr. Jay Shah	BJPPS6293E	CFO	0	
Mr. Aditya Agarwal	APGPA7704N	Company Secretar	0	31/05/2023

(ii) Particulars of change in director(s) and Key managerial personnel during the year

3

Name	DIN/PAN	beginning / during	Ichango in docignation/	Nature of change (Appointment/ Change in designation/ Cessation)
Mr. Himanshu Pareek	CRKPP5901N	Company Secretar	31/05/2022	Cessation
Mr. Aditya Agarwal	APGPA7704N	Company Secretar	08/06/2022	Appointment
Ms. Prabhha Shankarra	07906258	Whole-time directo	30/08/2022	Change in Designation

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS

Number of meetings held	2	
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Type of meeting	Date of meeting	Total Number of Members entitled to attend meeting	Attendance		
		attend meeting		% of total shareholding	
ANNUAL GENERAL MEETI	29/09/2022	107	11	13.74	
EXTRA-ORDINARY GENER	20/12/2022	107	10	12.88	

B. BOARD MEETINGS

*Number of meetings held 7

S. No.	Date of meeting	Total Number of directors associated as on the date			
		of meeting	Number of directors attended	% of attendance	
1	08/04/2022	6	6	100	
2	30/05/2022	6	6	100	
3	08/06/2022	6	6	100	
4	24/08/2022	6	6	100	
5	30/08/2022	6	6	100	
6	14/11/2022	6	6	100	
7	31/01/2023	6	6	100	

C. COMMITTEE MEETINGS

Number of meetings held

11

S. No.		Date of meeting	Total Number of Members as			
	-		on the date of the meeting	Number of members attended	% of attendance	
1	AUDIT COMM	30/05/2022	3	3	100	
2	AUDIT COMM	08/06/2022	3	3	100	
3	AUDIT COMM	24/08/2022	3	3	100	
4	AUDIT COMM	30/08/2022	3	3	100	
5	AUDIT COMM	14/11/2022	3	3	100	
6	AUDIT COMM	31/01/2023	3	3	100	
7	NOMINATION	30/05/2022	3	3	100	
8	NOMINATION	08/06/2022	3	3	100	

S. No.	Type of meeting	Date of meeting	Total Number of Members as		Attendance
	-			Number of members attended	% of attendance
9	NOMINATION	30/08/2022	3	3	100
10	NOMINATION	30/03/2023	3	3	100

D. *ATTENDANCE OF DIRECTORS

		Board Meetings			Committee Meetings			Whether attended AGM
S. No.	of the director		Meetings	% of	Number of Meetings which director was Meetings		% of attendance	held on
		entitled to attend	attended	attendance	entitled to attend	attended	atteridance	28/09/2023 (Y/N/NA)
								(T/N/NA)
1	Mr. Stavan Ajr	7	7	100	5	5	100	Yes
2	Mr. Manish Tu	7	7	100	1	1	100	Yes
3	Mr. Jay Shah	7	7	100	6	6	100	Yes
4	Mr. Eshanya (7	7	100	10	10	100	Yes
5	Mr. Jaimin Pat	7	7	100	11	11	100	Yes
6	Ms. Prabhha S	7	7	100	0	0	0	Yes

X. *REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

Nil

Number of Managing Director, Whole-time Directors and/or Manager whose remuneration details to be entered

1

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	Ms. Prabhha Shank	Whole-Time Dire	420,000	0	0	0	420,000
	Total		420,000	0	0	0	420,000

Number of CEO, CFO and Company secretary whose remuneration details to be entered

2

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	Himanshu Pareek	Company Secre	40,000	0	0	0	40,000
2	Aditya Agarwal	Company Secre	195,400	0	0	0	195,400
	Total		235,400	0	0	0	235,400

Number of other directors whose remuneration details to be entered									0			
S. No.	Nar	ne Desig	nation	Gross Sal	lary	Commission		Stock Option/ Sweat equity	Ot	thers	To:	
1											C)
	Total											
A. Who	ether the cor visions of the	ED TO CERTIFICA mpany has made co e Companies Act, 26 cons/observations	mpliances	and disclos				² ● Yes	○ N	0		
		UNISHMENT - DE			OMPANY	//DIRECTOR	RS /OF	FICERS N	Nil			
lame of ompany fficers		Name of the court/ concerned Authority	Date of	Order	section u	the Act and nder which I / punished	Deta punis	ils of penalty/ shment		of appeal (g present s		
B) DET	AILS OF CO	MPOUNDING OF () FFENCE:	S 🔀 Nil	 I							
Name of the company/ directors/ officers		Name of the court, concerned Authority	Date of Order		Name of the Act and section under which offence committed		Particulars of offence		Amount of compounding (in Rupees)			
III. Wh		lete list of shareho	olders, del	benture hol	ders has	been enclos	sed a	s an attachme	nt			
(IV. CO	MPLIANCE	OF SUB-SECTION	(2) OF SI	ECTION 92,	IN CASE	OF LISTED	COM	PANIES				
n case o nore, de	of a listed co etails of com	mpany or a compar pany secretary in w	ոy having ր hole time ր	oaid up shar oractice certi	e capital ifying the	of Ten Crore annual returr	rupee n in F	es or more or tu orm MGT-8.	rnover of	Fifty Crore	e rupees	or
Name KRUP			JPA JOIS	JOISAR								
Whetl	her associate	e or fellow	0	Associate	e	ellow						
Certificate of practice number				15263								

I/We certify that:

- (a) The return states the facts, as they stood on the date of the closure of the financial year aforesaid correctly and adequately.
- (b) Unless otherwise expressly stated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the Act during the financial year.

Declaration

I am Authorised by the Board of Directors of the company vide resolution no. .. 04 dated 29/05/2023

(DD/MM/YYYY) to sign this form and declare that all the requirements of the Companies Act, 2013 and the rules made thereunder in respect of the subject matter of this form and matters incidental thereto have been compiled with. I further declare that:

- Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the company.
- 2. All the required attachments have been completely and legibly attached to this form.

Note: Attention is also drawn to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement and punishment for false evidence respectively.

To be digitally signed by

Modify

Director	STAVAN Digitally signed by STAVAN PRAVIN STAVAN PRAVIN AJMERA Date: 2023.12.07 12.04.09 ±05'30'							
DIN of the director	08112696							
To be digitally signed by	Krupa Jagdish Joisar Digitally signed by Krupa Jagdish Joisar Date: 2023 12.07 12:10:33 +0530'							
Company Secretary								
 Company secretary in practice 								
Membership number 11117		Certificate of practical	ctice number	15263				
Attachments				List of attachments				
1. List of share holders, do	ebenture holders		Attach	VALENCIA_Shareholders-MGT_7_310320				
2. Approval letter for exter	nsion of AGM;		Attach	MGT-8_FY_2022-23_Valencia.pdf No of Committee meeting held2022 23Vale				
3. Copy of MGT-8;			Attach	Signed Clarification note on letterhead.pdf				
4. Optional Attachement(s	s), if any		Attach					
				Remove attachment				

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company

Check Form

Prescrutiny

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